



Meals on Wheels Walking Challenge Daily Step Journal

Day	# Of Steps	Day	# Of Steps	
1		16		
2		17		
3		18		
4		19		
5		20		
6		21		
7		22		
8		23		
9		24		
10		25		
11		26		
12		27		
13		28		
14		29		
15		30		
				Grand Total:
Total:				

General Rules:

1. Official registration is at brenshaw@mealsonwheelsindy.org
2. Everyone is on the honor system
3. All team members (up to 10) must be pre-registered
4. Walking days do not have to be in sequence
5. Challenge must be completed by May 16, 2016
6. All walkers must be an official MOW volunteer
7. You may register as a team or individual but not both
8. Steps are non-transferrable to other participants